

# Fitnessbootcamp4U.com

## Athletic Youth Camp Waiver Form

Child's Name: \_\_\_\_\_

Guardian's e-mail address: \_\_\_\_\_

### Informed Consent/Release of Liability \*\*\*\*\*Please read carefully\*\*\*\*\*

I, \_\_\_\_\_ guardian of \_\_\_\_\_ admit knowingly that I have enrolled my child in a physical fitness program that includes, but is not limited to, running, jumping, strength training, and exercising in different locations in and around Katy, Texas or anywhere the participant is exercising. In consideration of my entry and my own free will, I (the undersigned) do hereby for my child and my heirs, executors, and administrators, waive, release, and give up any and all claims, demands, liability, damages, costs and expenses of any kind what-so-ever (including personal injury to my child or his/her wrongful death) against FitnessBootCamp4U., FitnessBootCamp4u instructors, FitnessBootCamp4u babysitters or any person involved in the program and all of its affiliates (including but not limited to instructors, participants, babysitters, the city of Katy, and any cities and counties of the State of Texas, Highways and transportation District, it's officers, directors, employees, contractors and subcontractors), that may arise from my participation in FitnessBootCamp4u activities or while traveling to and from my child's classes, even if caused in whole or in part of negligence or other fault of the aforementioned parties or persons. I fully understand that my child may injure him/herself as a result of participation in this program and hereby release FitnessBootCamp4u, and aforementioned facilities from any liability, or now in the future, including but not limited to heart attacks, muscle strains, sprains, pulls, tears, broken bones, shin splints, heat exhaustion, knee, back or foot injuries and any other illnesses, soreness, or injury, however caused, occurring during or after my child's participations in this program. It is further agreed that all exercises including the use of equipment, as well as travel to and from FitnessBootCamp4u locations shall be AT MY OWN RISK. This waiver applies to every state/county/county. I FULLY UNDERSTAND THAT I AM FOREVER GIVING UP, IN ADVANCE, ANY RIGHT TO SUE OR MAKE CLAIMS AGAINST THE PARTIES I AM RELEASING, IF MY CHILS SUFFER AND INJURIES OR DAMDGES, EVEN THOUGH I DO NOT KNOW WHAT OR HOW EXTENSIVE THOS INJURIES AND DAMAGES MAY ME AND I AM VOLUNTARILY ASSUMING THE RISK OF SUCH INJURIES OR DAMAGES. I UNDERSTAND THIS CONSENT FORM AND I AM NOT UNDER AND PHYSICAL OR EMOTION DURESS TO SIGN.

Child's Name: \_\_\_\_\_

Guardian's signature: \_\_\_\_\_ Date: \_\_\_\_\_